



What could be better than a bike ride through scenic Allegany County on a Sunday afternoon in the fall? Join our experienced bike team as they guide you through this self-paced event. You will end at the Jones Memorial Hospital Finish Line Arena for great food, fun, and activities. Be sure to pre-register and final route information will be available in your packet at check-in .



Ride Safe - RIDE RIGHT! Here's what you need to consider....

1. The RIGHT stuff.

Keep your bicycle in good repair. Have it readied for Ridge Walk & Ride, and then keep it safe to operate. It is especially important to make sure your brakes work well.

2. The RIGHT gear.

Wear a protective helmet. It is estimated that 85 % of bicycling accidents result in injury to the face or head.

Wear bright clothing to be noticed, especially on cloudy or rainy days.

Wear the right clothing, wear or carry layers for changing weather conditions.

3. The RIGHT communications.

Signal turns and stops. The law says you must, but this point can't be emphasized enough. Most accidents on bike rides involve two or more bicycles and most are the result of riders not letting others know of their intentions.

Sound off when passing. Use phrases such as "on your left," "on your right," or "coming through the middle."

4. The RIGHT riding.

When stopping along the routes, let those behind know of your plans. Make sure no bicycles are immediately behind you when you stop. Stop at the right edge of the roadway and immediately move to the shoulder.

Don't weave. Ride in a straight line to make it easier for those riding behind you.

Ride to the right. Leave room for others to pass on your left. There have been many close calls and at least one serious accident because a passing rider was forced into the opposite lane.

When turning, turn left from the center of the roadway, turn right from along the curb or shoulder, and stay to the right.

5. The legal RIGHT.

Obey traffic laws. In New York, bicyclists enjoy the same rights as motorists. In accepting those rights, bicyclists also assume the responsibilities for riding in a safe and legal manner by:

- stopping completely at stop signs
- not crossing yellow lines in your lane
- riding to the right
- signaling for turns
- not cutting corners
- riding in a respectable manner

6. The RIGHT frame of mind.

Stay alert and use your brain when you ride. You must be constantly thinking and aware of what's going on around you.

Pace yourself. Ridge Walk & Ride is not a race. It is a touring bicycle ride. Not all riders travel at the same speed, so don't try to keep up with someone who rides too fast for you.

7. The RIGHT abilities

Be considerate. The bicycling skills of those participating in Ridge Walk & Ride cover the full range of the spectrum. Each rider must look out for someone else, as well as for himself.

8. The **RIGHT** attitude

Be a predictable rider. Don't keep other bicyclists and motorists guessing about what your next move will be. A predictable rider is a safe rider.

Be courteous to passing vehicles and other bicyclists. Instead of riding several abreast, go single file and let those behind you pass.

Please stay on the marked route. The Ridge Walk & Ride routes have been selected for ease of service. Services are not available to you if you are off the route.

Please check-in at the Alma Fire Hall and enjoy some refreshment.

9. The **RIGHT** attention.

Keep your head up and your ears open. Do not wear radio headphones while riding!

Give the right-of-way to emergency vehicles. Pull to the right and stop if you hear a siren.

Beware of loose gravel and watch for debris on the pavement. Trucks carrying sand, gravel and rock often spill some.

Avoid wide cracks in the pavement. Narrow bicycle tires can easily get caught in wide cracks.

10. The **RIGHT** condition

Get yourself in good physical shape. **Ridge Walk & Ride** is a ride over several hills. You should be in good shape and capable of riding those distances before you come on the ride.